

20. Rursee Marathon 06.10.2016

2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:09:05	2	3	2	w	2,0000	
Kerkhoff, Linus	00:10:01	2	8		m	2,0000	
Hursel, Malika	00:10:09	1	9		w	2,0000	
Bierganzen, Claudia	00:10:10	4	10		w	2,0000	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:17:22	1	1	1	m	5,0000	
Amadou, Diallo	00:19:09	2	7	7	m	5,0000	
Krings, Marius	00:20:49	1	9	8	m	5,0000	
Moll, Julian	00:24:49	1	41	27	m	5,0000	
Indenhuck, Mika-Rodriguez	00:25:22	2	45	31	m	5,0000	
Kreitz, Noah	00:25:25	5	47	33	m	5,0000	
Schreiber, Max	00:25:25	6	48	34	m	5,0000	
Ungermann, Sebastian	00:25:43	7	49	35	m	5,0000	
Stoffels, Anne	00:26:58	3	60	21	w	5,0000	
Palm, Maïke	00:28:27	6	71	27	w	5,0000	
Stoffels, Maïke	00:28:28	2	72	28	w	5,0000	
Hursel, Luna	00:28:36	5	75	29	w	5,0000	
Mathar, Lina	00:28:40	3	76	30	w	5,0000	
Kreitz, Laura	00:28:46	7	77	31	w	5,0000	
Mertens, Nils	00:32:24	6	97	57	m	5,0000	

16,5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	01:03:37	1	6	6	m	16,5000	
Werker, Markus	01:04:40	3	8	8	m	16,5000	
Offermann, Eva	01:11:45	3	38	4	w	16,5000	
Krings, Wolfgang	01:19:57	13	116	104	m	16,5000	
Kotmann, Ralf	01:22:17	19	147	128	m	16,5000	
Brauer, Alois	01:24:07	7	170	148	m	16,5000	
Palm, Sandra	01:24:25	8	172	23	w	16,5000	
Gautrois, Simone	01:25:36	5	194	28	w	16,5000	
Neubert, Tom	01:25:48	25	197	169	m	16,5000	
Roder, Edgar	01:32:54	20	334	274	m	16,5000	
Hupperts, Gina	01:36:51	4	403	89	w	16,5000	
Reinke, Paul	01:36:51	37	404	315	m	16,5000	
Krings, Silke	01:40:42	13	499	122	w	16,5000	
Kreutz, Elisabeth	01:46:26	16	604	175	w	16,5000	
Legge, Ellen	01:49:44		663		w	16,5000	
Isaac, Daphne	01:54:23	3	718	239	w	16,5000	
Isaac, Anja	10:23:00	57	719	240	w	16,5000	

42,2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Leis, Andreas	03:24:18	4	24	22	m	42,2000	

52km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	04:22:57	1	13	11	m	52,0000	
Braun, Marion	04:46:05	1	26	5	w	52,0000	
Hoppe, Edmund	05:31:50	16	80	66	m	52,0000	

47. Internationaler Volkslauf Herzogenrath 29.10.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:26:27	2	79	23	w	5,0000 REC	
Mertens, Nils	00:31:42	6	133	81	m	5,0000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Campo, Lorna	00:57:22	6	134		w	10,0000 REC	

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	01:28:15	1	16	8	w	21,0975 REC	
Gautrois, Simone	01:45:50	1	62	2	w	21,0975 REC	

26. Alb Marathon, Schäbisch Gemünd 22.10.2016

50km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Marion	04:43:49	1	76	5	w	50,0000	
Braun, Wolfgang	04:45:51	2	83	76	m	50,0000	
Issac, Marion	05:14:13	3	171	21	w	50,0000	

Lichterlauf Steckenborn 15.10.2016

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:33:59	1	2		m	10,0000 REC	
Kuck, Jochen	00:38:01	4	17		m	10,0000 REC	
Rubel, Thomas	00:38:29	5	22		m	10,0000 REC	
Offermann, Eva	00:39:21	2	26		w	10,0000 REC	
Krings, Wolfgang	00:44:34	12	80		m	10,0000 REC	
Braun, Marion	00:45:49	2	96		w	10,0000 REC	
Gautrois, Simone	00:46:06	3	102		w	10,0000 REC	
Isaac, Marion	00:46:47	1	117		w	10,0000 REC	
Brauers, Alois	00:47:27	2	129		m	10,0000 REC	
Mainz, Robert	00:48:57	4	151		m	10,0000 REC	
Schmitz, Daniel	00:52:51	22	215		m	10,0000 REC	
Huppertz, Gina	00:52:52	14	216		w	10,0000 REC	
Reinke, Paul	00:52:53	23	217		m	10,0000 REC	
Neubert, Tom	00:53:01	23	219		m	10,0000 REC	
Frings-Reinke, Leonie	00:53:21	7	228		w	10,0000 REC	
Campo, Lorna	00:54:34	9	243		w	10,0000 REC	
Huppertz, Mirko	00:54:36	26	244		m	10,0000 REC	
Kuck, Sabine	00:54:43	10	247		w	10,0000 REC	
Lambertz, Heinz-Georg	00:54:56	18	249		w	10,0000 REC	
Kreutz, Elisabeth	00:56:26	16	284		m	10,0000 REC	
Schreiber, Walter	00:58:31	25	315		m	10,0000 REC	

38. Geilenkirchener Volkslauf 09.10.2016

800m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:03:19	1	5	2	w	0,8000 REC	
Mertens, Nils	00:03:45	2	7	4	m	0,8000 REC	

4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
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Mertens, Jens 00:16:48 4 6 5 m 4,000 REC

München Marathon 09.10.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Weyermann, Dirk	03:06:47	39		225	m	42,1950	
Weyermann, Konstanze	03:51:52	38		212	w	42,1950	
Palm, Sandra	03:55:43	48		274	w	42,1950	
Krings, Wolfgang	04:02:46	465		2387	m	42,1950	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:36:32	3		21	w	10,0000	
Palm, Maïke	00:51:50	3		110	w	10,0000	

innogy Marathon Essen 09.10.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	02:51:59	1	1	1	w	42,1950	
Mathar, Joachim	03:05:03	7		46	m	42,1950	
Braun, Wolfgang	03:09:29	1		52	m	42,1950	
Lotter, Bernd	03:39:47	6		196	m	42,1950	
Brauers, Alois	03:48:03	10		248	m	42,1950	

41. Eupener Talsperrenlauf 08.10.2016

14,6km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Marion	01:10:07	2	56	5	w	14,6000	

Köln Marathon 02.10.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Christian	03:00:13	28	123	121	m	42,1950	
Isaac, Anja	04:58:00	171	4691	946	w	42,1950	

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Campo, Lorna	02:01:03	190	5799	1437	w	21,0975	
Wagner, Michelle	02:02:31	532	6202	1619	w	21,0975	
Isaac, Daphne	02:14:58	38	8834	2962	w	21,0975	

Stap Brunssum 26.09.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:24:39	2	43		w	5,0000 REC	
Gautrois, Kira	00:30:46	1	96		w	5,0000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braunleder, Jörg	00:44:07	5	16		m	10,0000 REC	
Gautrois, Simone	00:50:41	2	57		w	10,0000 REC	
Brauers, Alois	00:50:04	3	51		m	10,0000 REC	
Isaac, Marion	00:53:03	1	69		w	10,0000 REC	

Berlin Marathon 2016 25.09.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Schütz, Steffi	03:46:58	283		1339	w	42,1950	

24. Rurtalllauf Düren 17.09.2016

2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Nils	00:10:03	4	11		m	2,0000 REC	

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:04:06	3	6		w	1,0000 REC	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Patrick, Jakobs	00:17:29	1	1		m	5,0000 REC	
Mertens, Jens	00:21:41	5	10		m	5,0000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:38:41	1	13		w	10,0000 REC	
Gautrois, Simone	00:46:29	1	66		w	10,0000 REC	
Neubert, Tom	00:48:16	9	77		m	10,0000 REC	
Seidel, Simone	00:49:33	2	94		w	10,0000 REC	

33. Internationaler Volkslauf Eschweiler 07.09.2016

1,2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Nils	00:07:23	4	20	7	m	1,2000 REC	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Jens	00:22:33	2	18	15	m	5,0000 REC	
Isaac, Daphne	00:28:31	1	68	20	w	5,0000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:48:49	1	36	3	w	10,0000 REC	
Isaac, Daphne	01:03:47	1	92	23	w	10,0000 REC	

13. Unterbrucher Rur-Wurm-Lauf 03.09.2016

14,065km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Campo, Lorna	01:24:26	2	93	17	w	14,0650 REC	

27. Hambacher Volks- und Straßenlauf 27.08.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:24:07	1		4	w	5,0000 REC	

TDS Sur les Traces des Ducs de Savoie(F/I) 24.08.2016

119km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	27:17:35	6	396	366	m	119,0000	

Ultra Trail Mont Blanc 25.08.2016

170km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Marion	38:08:44	1				170,0000	

32. Mattonet Lauf Jülich 21.08.2016

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:04:08	3	6		w	1,0000	REC
Mertens, Nils	00:05:11	2	15		m	1,0000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Jens	00:47:13	1	26	23	m	10,0000	REC
Gautrois, Simone	00:47:32	1	27	4	w	10,0000	REC

57. HAGL und Monte Sophia 20.08.2016

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:04:06	1	4	2	w	1,0000	REC
Mertens, Nils	00:05:29	3	17	5	m	1,0000	REC

5,3km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:18:20	1	1	1	m	5,3000	REC
Mertens, Jens	00:23:26	2	5	5	m	5,3000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Neubert, Tom	00:49:29	10	51	43	m	10,0000	REC
Gautrois, Simone	00:49:59	2	55	10	w	10,0000	REC

40. Monschau Marathon 14.08.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	02:40:13	1	1	1	m	42,1950	
Offermann, Eva	03:08:24	1		1	w	42,1950	
Werker, Christian	03:09:26	4		7	m	42,1950	
Karsch, Jochen	03:30:18	6		35	m	42,1950	
Lotter, Bernd	03:51:36	4		94	m	42,1950	
Jacobs, Sabine	03:55:25	7		20	w	42,1950	
Gautrois, Simone	03:55:34	4		21	w	42,1950	
Krings, Wolfgang	03:57:22	28		115	m	42,1950	
Kuck, Jochen	03:59:08	11		126	m	42,1950	
Schröder, Jörg	04:01:01	30		133	m	42,1950	
Moeris, Dominic	04:03:19	10		138	m	42,1950	
Hünnekes, Christoph	04:09:44	39		169	m	42,1950	
Hoff, Helmut	04:15:10	11		189	m	42,1950	
Kirch, Thomas	04:18:43	42		201	m	42,1950	
Isaac, Marion	04:21:19	12		41	w	42,1950	
Weyermann, Konstanze	04:23:56	6		45	w	42,1950	
Roder, Edgar	04:30:20	28		246	m	42,1950	
Roder, Markus	04:32:02	17		253	m	42,1950	
Conventz, Bernd	04:42:24	27		269	m	42,1950	
Offele, Markus	04:42:19	28		270	m	42,1950	
Hursel, Bernd	04:47:44	55		286	m	42,1950	
Kuck, Sabine	04:54:35	13		76	w	42,1950	
Legge, Ellen	04:57:02	14		78	w	42,1950	
Frings-Reinke, Leonie	04:58:21	8		82	w	42,1950	
Jung, Sieglinde	05:02:37	16		86	w	42,1950	

56km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	04:38:55	2		15	m	56,0000	
Mathar, Joachim	04:49:34	6		18	m	56,0000	
Braun, Marion	05:02:14	1		2	w	56,0000	
Brauers, Alois	05:54:04	7		93	m	56,0000	
Hoppe, Edmund	06:12:50	26		118	m	56,0000	
Lambertz, Heinz-Georg	06:19:53	29		132	m	56,0000	
Isaac, Anja	06:26:36	9		39	w	56,0000	

Glacier 2000 RUN (CH) 06.08.2016

26km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Marion	03:38:29	3	196	32	w	26,0000	
Braun, Wolfgang	03:43:33	5	230	189	m	26,0000	

Die 10km von Dürwiss 06.08.2016

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:04:01	4	6	4	w	1,0000	REC
Mertens, Nils	00:04:59	7	19	11	m	1,0000	REC

4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Jens	00:16:19	6	14	13	m	4,0000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:37:39	1	28	1	w	10,0000	REC
Seidel, Susanne	00:48:58	3	233	30	w	10,0000	REC

Runde um den See 30.07.2016 Büttgenbach

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:04:12	3	10		w	4,4000	REC

4,4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:15:14	1	2		m	4,4000	REC
Mertens, Jens	00:18:38	4	16		m	4,4000	REC
Seidel, Susanne	00:21:39	1	41		w	4,4000	REC
Mertens, Nils	00:29:55	9	94		m	4,4000	REC

11km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:51:41	3	144		w	11,0000	REC

28. Isola Rur 3-Brückenlauf 23.07.2016 Birkesdorf

5,06km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:17:42	1	3	3	m	5,0600	REC
Mertens, Jens	00:21:58	4	22	19	m	5,0600	REC
Mertens, Maren	00:27:49	3	70	18	w	5,0600	REC
Mertens, Nils	00:36:06	7	106	74	m	5,0600	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:49:18	2	79	8	w	10,0000	REC

44. Internationaler Stausee-Volkslauf 09.07.2016 Obermaubach

800m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:02:58	5	8	5	w	0,8000 REC	

1,2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Nils	00:06:20	6	12		m	1,2000 REC	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:17:24	1	1	1	m	5,0000 REC	
Mertens, Jens	00:22:21	2	26	21	m	5,0000 REC	
Gautrois, Simone	00:24:24	1	41	7	w	5,0000 REC	
Neubert, Tom	00:24:50	3	46	39	m	5,0000 REC	
Gautrois, Kira	00:26:47	3	62	14	w	5,0000 REC	
Issac, Daphne	00:27:49	1	74	20	w	5,0000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Hoff, Helmut	00:51:48	3	56	52	m	10,0000 REC	
Schütz, Stephanie	00:51:49	1	57	5	w	10,0000 REC	
Gautrois, Simone	00:52:33	4	64	9	w	10,0000 REC	
Roder, Edgar	00:54:47	13	82	70	m	10,0000 REC	

Bosselbachlauf 06.07.2016 Vossenack

150m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Leonie	00:36:33			8	w	0,1500 REC	

250m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Stoffels, Sophie	00:01:28			7	w	0,2500 REC	
Werker, Johannes	00:01:07			14	m	0,2500 REC	

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Lennartz, Franziska	00:04:01		9	5	w	1,0000 REC	
Hursel, Malika	00:04:10		10	6	w	1,0000 REC	

1,250km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Hursel, Luna	00:05:00		8	3	w	1,2500 REC	
Mertens, Nils	00:05:41		10	3	m	1,2500 REC	

5,7km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:20:13	1	1	1	m	5,7000 REC	
Richter, Max	00:20:44	1	2	2	m	5,7000 REC	
Palm, Jannis	00:22:58	1	8		m	5,7000 REC	
Isaac, Daphne	00:33:05	1	28		w	5,7000 REC	

9,7km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:33:02	1	1		m	9,7000 REC	
Offermann, Eva	00:39:14	1	10		w	9,7000 REC	
Richter, Max	00:40:42	1	21		m	9,7000 REC	
Palm, Jannis	00:44:02	1	51		m	9,7000 REC	
Krings, Wolfgang	00:45:15	13	65		m	9,7000 REC	
Hoff, Helmut	00:45:26	2	68		m	9,7000 REC	
Schütz, Stephanie	00:46:39	3	83		w	9,7000 REC	
Gautrois, Simone	00:47:26	3	88		w	9,7000 REC	
Brauers, Alois	00:47:30	5	89		m	9,7000 REC	
Mertens, Jens	00:48:15	2	93		m	9,7000 REC	
Brandenburg, Kai	00:48:19	1	94		m	9,7000 REC	
Krings, Marius	00:48:21	2	95		m	9,7000 REC	
Strauch, Stephan	00:50:13	15	109		m	9,7000 REC	
Lennartz, Ingo	00:52:06	19	121		m	9,7000 REC	
Sander, Holger	00:52:27	20	126		m	9,7000 REC	
Stoffels, Maïke	00:53:32	1	138		w	9,7000 REC	
Palm, Maïke	00:53:33	1	139		w	9,7000 REC	
Legge, Ellen	00:54:03	4	145		w	9,7000 REC	
Isaac, Anja	00:54:12	4	148		w	9,7000 REC	
Kreitz, Laura	00:55:29	2	155		w	9,7000 REC	
Jung, Sieglinde	00:56:31	6	158		w	9,7000 REC	
Kreutz, Lissy	00:56:31	8	164		w	9,7000 REC	
Indenhuck, Mika	00:58:52	2	167		m	9,7000 REC	
Kirch, Luisa	01:00:23	3	179		w	9,7000 REC	
Kreutz, Manuel	01:02:12	3	183		m	9,7000 REC	
Roder, Edgar	01:01:17	11	186		m	9,7000 REC	

39. Heckenlauf Eicherscheid 02.07.2016

1,1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:04:29	1	1		w	1,1000 REC	
Indenhuck, Marlon-Farin	00:05:46	2	5		m	1,1000 REC	

1,4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Palm, Jannis	00:05:46	1	1		m	1,4000 REC	
Brandenburg, Kai	00:05:09	1	3		m	1,4000 REC	
Mertens, Nils	00:07:34	5	16		m	1,4000 REC	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:17:37	1	1		m	5,0000 REC	
Richter, Max	00:18:14	1	2		m	5,0000 REC	
Palm, Jannis	00:20:38	1	12		m	5,0000 REC	
Mertens, Jens	00:22:01	5	17		m	5,0000 REC	
Brandenburg, Kai	00:22:25	1	20		m	5,0000 REC	
Seidel, Susanne	00:24:38	2	39		w	5,0000 REC	
Mathar, Lina	00:26:16	1	63		w	5,0000 REC	
Mertens, Maren	00:30:02	3	85		w	5,0000 REC	
Mertens, Nils	00:34:05	13	104		m	5,0000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:32:56	1	1		m	10,0000 REC	
Werker, Christian	00:36:51	2	6		m	10,0000 REC	
Jakobs, Patrick	00:38:02	2	7		m	10,0000 REC	
Indenhuck, Mika-Rodriguez	00:46:11	7	37		m	10,0000 REC	
Schütz, Stephanie	00:46:52	1	39		w	10,0000 REC	
Isaac, Marion	00:50:01	1	53		w	10,0000 REC	

Neubert, Tom	00:50:35	5	57	m	10,000 REC
Campo, Lorna	00:56:00	5	87	w	10,000 REC

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Lotter, Bernd	01:39:40	1	33		m	21,0975 REC	
Jansen, Sascha	01:40:26	3	36		m	21,0975 REC	
Braun, Marion	01:41:05	1	40		w	21,0975 REC	
Hoff, Helmut	01:46:58	3	55		m	21,0975 REC	
Hünnekes, Christoph	01:50:04	13	61		m	21,0975 REC	
Kuck, Sabine	02:04:09	1	71		w	21,0975 REC	
Isaac, Anja	02:09:37	3	80		w	21,0975 REC	

36. Rakkeschlauf Roetgen 25.06.2016

0,600m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:02:12	1	1	1	w	0,6000 REC	

5Km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:16:14	1	1	1	m	5,0000 REC	
Gautrois, Simone	00:21:50	1	35	8	w	5,0000 REC	
Seidel, Susanne	00:22:31	1	39	11	w	5,0000 REC	
Mertens, Maren	00:24:46	1	63	20	w	5,0000 REC	
Mertens, Nils	00:31:05	5	98	55	m	5,0000 REC	

10Km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:34:19	1	1	1	m	10,0000 REC	
Offermann, Eva	00:40:17	1	5	1	w	10,0000 REC	
Neubert, Tom	00:51:39	8	44	37	m	10,0000 REC	

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Krings, Wolfgang	01:42:58	10	29	27	m	21,0975 REC	
Brauers, Alois	01:47:36	2	43	39	m	21,0975 REC	
Gautrois, Simone	01:48:27	1	45	6	w	21,0975 REC	
Hoff, Helmut	01:52:11	3	53	45	m	21,0975 REC	
Isaac, Marion	01:52:14	2	54	9	w	21,0975 REC	
Conventz, Bernd	01:54:09	6	57	48	m	21,0975 REC	
Kuck, Sabine	02:01:00	2	67	14	w	21,0975 REC	
Jung, Sieglinde	02:04:43	4	73	16	w	21,0975 REC	
Isaac, Anja	02:05:27	5	74	17	w	21,0975 REC	

Lauf mal wieder mit in Schmidt 19.06.2016

0,250m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Johannes	00:01:17		12		m	0,2500 REC	
Werker, Leonie	00:01:50		28		w	0,2500 REC	

0,500m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:02:07		9		w	0,5000 REC	

1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Nils	00:05:36		11		m	1,0000 REC	

4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:14:21		1		m	4,0000 REC	
Richter, Max	00:14:52		3		m	4,0000 REC	
Palm, Jannis	00:16:23		10		m	4,0000 REC	
Mertens, Jens	00:17:14		19		m	4,0000 REC	
Gautrois, Simone	00:19:04		42		w	4,0000 REC	
Neubert, Tom	00:19:58		54		m	4,0000 REC	
Mertens, Maren	00:21:02		73		w	4,0000 REC	
Mertens, Nils	00:26:34		133		m	4,0000 REC	

5. Rollesbroicher Kaltal Eventlauf

0,300m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Keus, Emma	00:01:19	3		3	w	0,3000 REC	
Theis, Jan Kilian	00:01:42	3		3	m	0,3000 REC	

1,5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:07:40	1		3	w	1,5000 REC	
Mertens, Nils	00:09:10	4		10	m	1,5000 REC	

6,7km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:26:37	1		1	m	6,7000 REC	
Palm, Jannis	00:29:00	1		7	m	6,7000 REC	
Krings, Marius	00:31:42	2		19	m	6,7000 REC	
Mertens, Jens	00:32:53	2		21	m	6,7000 REC	
Reinke, Paul	00:35:01	1		31	m	6,7000 REC	
Reinke, Leon	00:36:49	2		40	m	6,7000 REC	
Wergen, Lukas	00:39:56	3		49	m	6,7000 REC	

12km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Kuck, Jochen	00:46:58	1		3	m	12,0000 REC	
Werker, Christian	00:47:26	1		4	m	12,0000 REC	
Krings, Wolfgang	00:58:22	4		19	m	12,0000 REC	
Brauers, Alois	01:01:20	3		26	m	12,0000 REC	
Roder, Edgar	01:02:00	5		29	m	12,0000 REC	
Reinke, Leonie	01:09:29	2		10	w	12,0000 REC	
Issac, Marion	01:09:31	2		11	w	12,0000 REC	
Legge, Ellen	01:11:24	3		12	w	12,0000 REC	
Jung, Sieglinde	01:14:00	3		14	w	12,0000 REC	

Zugspitz Ultra Trail 18.06.2016

24,9km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	03:11:00		2	2	w	24,9000	

62,8km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jansen, Sascha	10:54:00		208		m	62,8000	

Arathon Bad Neuenahr 18.06.2016

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Campo, Lorna	03:49:36	38		243	w	21,0975	

Lambertz, Heinz-Georg	03:49:36	109		244	m	21,0975
Gautrois, Simone	03:49:38	46		245	w	21,0975
Issac, Anja	03:49:37	45		244	w	21,0975

19. Eifeler Ultra-Marathon 12.06.2016

51,4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Marion	04:38:40	1	5	11	2	w	51,4000
Braun, Wolfgang	04:38:40	1	12	10	m	51,4000	

14. Hahner Kitzenhauslauf 11.06.2016

4,4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:15:07	1	5	5	m	4,4000 REC	
Richter, Max	00:15:38	1	7	7	m	4,4000 REC	
Mertens, Jens	00:18:09	2	31	29	m	4,4000 REC	
Mertens, Maren	00:22:25	1	33	17	w	4,4000 REC	
Mertens, Nils	00:29:07	6	180	104	m	4,4000 REC	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:47:49	2	82	12	w	10,0000 REC	
Brauers, Alois	00:49:47	5	106	88	m	10,0000 REC	
Jansen, Tanja	00:54:30	10	176	38	w	10,0000 REC	

Gebrüder Grimm Lauf Hanau 12.06.2016

81,3km 5 Etappen	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	05:36:16		19	1	w	81,3000	

actimonda Tivoli-Lauf 05.06.2016

5,5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:20:34	1	4	4	m	5,5000	
Mertens, Jens	00:25:10	3	25	25	m	5,5000	
Isaac, Daphne	00:34:42	1	74	69	w	5,5000	
Wagner, Michelle	00:34:53	23	78	74	w	5,5000	

5,5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:10:22	2	9	8	w	2,5000	
Mertens, Nils	00:13:25	13	60	60	m	2,5000	

38. Mittsommernachtslauf Konzen 04.06.2016

300m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Förster, Leon	00:01:07	3	3		m	0,3000 REC	
Leis, Florian	00:01:08	4	4		m	0,3000 REC	
Scheidt, Emilie	00:01:09	1	5		w	0,3000 REC	
Hürsel, Tami	00:01:11	2	6		w	0,3000 REC	
Stoffels, Sophie	00:01:13	3	8		w	0,3000 REC	
Meenen, Christoph	00:01:13	6	9		m	0,3000 REC	
Werker, Johannes	00:01:15	7	10		m	0,3000 REC	
Hammer, Laura	00:01:18	4	11		w	0,3000 REC	
Theis, Jan Kilian	00:01:23	8	12		m	0,3000 REC	
Neubert, Henri	00:01:28	9	13		m	0,3000 REC	
Schütz, Mira	00:01:30	5	14		w	0,3000 REC	
Becker, Ludwig	00:01:31	10	15		m	0,3000 REC	
Schaps, Emil	00:01:33	11	16		m	0,3000 REC	
Schnitter, Leonie	00:01:42	7	18		w	0,3000 REC	
Werker, Leonie	00:01:43	8	19		w	0,3000 REC	
Leitz, Moritz	00:01:45	12	20		m	0,3000 REC	
Steffens, Johanna	00:02:01	9	21		w	0,3000 REC	
Call, Julie	00:02:11	10	22		w	0,3000 REC	
Toussaint, Joel	00:02:12	14	24		m	0,3000 REC	

500m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Schreiber, Felix	00:01:31	2	4		m	0,5000 REC	
Indenhuck, Marlon	00:01:41	3	5		m	0,5000 REC	
Vollmann, Jakob	00:01:43	4	6		m	0,5000 REC	
Mohné, Jeffrey	00:01:43	5	7		m	0,5000 REC	
Wilhelmus, Ronja	00:01:44	3	8		w	0,5000 REC	
Schleip, Kristin	00:01:45	4	9		w	0,5000 REC	
Ramers, Sebastian	00:01:46	6	10		m	0,5000 REC	
Neubert, Philipp	00:01:48	8	12		m	0,5000 REC	
Abel, Ines	00:01:50	5	13		w	0,5000 REC	
Gatsios, Elena	00:01:51	6	14		w	0,5000 REC	
Heide, Maxim	00:02:15	9	16		m	0,5000 REC	

1500m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Palm, Jannis	00:05:09	1	2		m	1,5000 REC	
Schleip, Kristian	00:05:46	1	7		m	1,5000 REC	
Hürsel, Malika	00:06:24	2	14		w	1,5000 REC	
Lennartz, Franziska	00:06:39	3	15		w	1,5000 REC	
Karakurt, Elisa	00:06:45	4	16		w	1,5000 REC	
Kerkhoff, Linus	00:06:51	3	17		m	1,5000 REC	
Schütz, Simon	00:07:06	4	18		m	1,5000 REC	
Biergan, Claudia	00:07:06	4	19		w	1,5000 REC	
Meenen, Niklas	00:07:07	5	20		m	1,5000 REC	
Wienand, Nico	00:07:16	6	21		m	1,5000 REC	
Schreiber, Felix	00:07:17	7	22		m	1,5000 REC	
Mertens, Nils	00:07:28	3	24		m	1,5000 REC	
Leuther, Till	00:08:02	9	25		m	1,5000 REC	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:18:01	1	2		m	5,0000 REC	
Palm, Jannis	00:20:56	2	20		m	5,0000 REC	
Kirch, Thomas	00:21:46	4	29		m	5,0000 REC	
Kuck, Florian	00:21:52	3	31		m	5,0000 REC	
Mertens, Jens	00:22:12	4	38		m	5,0000 REC	
Krings, Marius	00:22:53	8	44		m	5,0000 REC	
Gautrois, Simone	00:23:06	1	47		w	5,0000 REC	
Indenhuck, Mika	00:24:02	10	56		m	5,0000 REC	
Seidel, Susanne	00:24:08	2	58		w	5,0000 REC	
Stoffels, Maïke	00:24:43	5	66		w	5,0000 REC	
Gautrois, Kira	00:25:54	6	78		w	5,0000 REC	

Brüll, Robert	00:26:26	11	84	m	5,0000	REC
Palm, Maike	00:26:43	7	88	w	5,0000	REC
Kreitz, Laura	00:26:48	8	89	w	5,0000	REC
Hursel, Alexandra	00:27:04	4	91	w	5,0000	REC
Stoffels, Anne	00:27:17	9	95	w	5,0000	REC
Kirch, Luisa	00:27:17	10	96	w	5,0000	REC
Wagner, Michelle	00:27:21	3	97	w	5,0000	REC
Isaac, Daphne	00:27:24	1	98	w	5,0000	REC
Bardreddin, Mona	00:28:31	11	105	w	5,0000	REC
Schaps, Miriam	00:28:38	6	107	w	5,0000	REC
Krings, Philipp	00:28:41	14	108	m	5,0000	REC
Kreutz, Manuel	00:29:36	16	120	m	5,0000	REC
Aoni Em O	00:31:17	2	134	w	5,0000	REC
Kloke, Michael	00:34:58	5	146	m	5,0000	REC

14,065km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	01:00:26	2	20		m	14,0650	REC
Moeris, Dominic	01:10:45	3	68		m	14,0650	REC
Roder, Markus	01:10:46	4	69		m	14,0650	REC
Brauers, Alois	01:11:58	6	79		m	14,0650	REC
Huppertz, Jochen	01:12:01	6	80		m	14,0650	REC
Braun, Marion	01:16:45	1	102		w	14,0650	REC
Neubert, Tom	01:20:33	8	121		m	14,0650	REC
Jansen, Tanja	01:23:56	6	137		w	14,0650	REC
Campo, Lorna	01:23:57	7	138		w	14,0650	REC

38. Mützenicher Vennlauf 28.05.2016

1,1km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Indenhuck, Marlon	00:04:47	5	10	10	m	1,1000	

2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Hursel, Malika	00:09:59	1	11	5	w	2,0000	

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:18:07	4	5	5	m	5,0000	
Kuck, Florian	00:22:16	1	38	34	m	5,0000	
Indenhuck, Mika	00:22:39	2	41	36	m	5,0000	
Strauch, Tobias	00:26:56	9	116	90	m	5,0000	
Mertens, Maren	00:26:57	1	117	27	w	5,0000	
Hursel, Luna	00:27:13	7	121	29	w	5,0000	
Isaac, Daphne	00:28:37	1	149	45	w	5,0000	
Wagner, Michelle	00:28:38	3	150	46	w	5,0000	
Mertens, Nils	00:31:25	13	194	131	m	5,0000	
Kloke, Michael	00:31:41	8	195	132	m	5,0000	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Palm, Sandra	00:49:28	1	46	7	w	10,0000	
Roder, Edgar	00:54:15	8	76	61	m	10,0000	
Hursel, Alexandra	00:57:15	5	99	28	w	10,0000	

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	01:18:56	1	1	1	m	21,0975	
Kuck, Jochen	01:24:23	1	4	4	m	21,0975	
Gautrois, Simone	01:54:43	1	76	8	w	21,0975	
Hünnekes, Christoph	01:54:45	11	77	69	m	21,0975	
Legge, Ellen	02:06:41	2	102	18	w	21,0975	
Hoff, Helmut	02:06:43	6	103	85	m	21,0975	
Offele, Markus	02:08:04	15	104	86	m	21,0975	
Hursel, Bernd	02:08:06	25	105	87	m	21,0975	
Isaac, Anja	02:13:05	2	118	22	w	21,0975	
Kuck, Sabine	02:13:07	3	119	23	w	21,0975	

GTLC Trail des Doux Dingues 28.05.2016

60km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	07:31:19		33	33	m	60,0000	
Braun, Marion	07:32:40	1	36	1	w	60,0000	

40. Internationaler Rohrener Volkslauf 27.05.2016

0,300km Kindergartenkinder	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Hursel, Tami	00:01:24		3	3	w	0,3000	REC
Holtz, Anton	00:02:16		4	4	m	0,3000	REC

0,300km Schüler	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Hursel, Malika	00:01:00		2		w	0,3000	REC

0,600km Schüler	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:02:22		1		w	0,6000	REC

0,900km Schüler	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Hursel, Luna	00:04:03		5		w	0,9000	REC

4,2km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:15:02	1	2		m	4,2000	REC
Goffart, Marcel	00:17:07	2	5		m	4,2000	REC
Indenhuck, Mika	00:20:21	1	15		m	4,2000	REC
Gautrois, Kira	00:21:45	2	25		w	4,2000	REC
Mertens, Maren	00:23:00	2	32		w	4,2000	REC
Lennartz, Franziska	00:23:39	4	37		w	4,2000	REC
Campo, Lorna	00:23:49	1	38		w	4,2000	REC
Isaac, Daphne	00:24:28	1	40		w	4,2000	REC
Wagner, Michelle	00:24:28	2	41		w	4,2000	REC
Mertens, Nils	00:30:44	8	53		m	4,2000	REC

10km Schüler	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Rubel, Thomas	00:37:09	2	4		m	10,0000	REC
Werker, Christian	00:38:25	2	7		m	10,0000	REC
Hoff, Helmut	00:47:34	3	51		m	10,0000	REC
Gautrois, Simone	00:48:26	1	56		w	10,0000	REC
Brauers, Alois	00:51:28	5	79		m	10,0000	REC

Roder, Edgar	00:54:37	15	96	m	10,000	REC
Frings-Reinke, Leonie	00:55:26	1	101	w	10,000	REC
Isaac, Anja	00:57:04	6	106	w	10,000	REC

Fidelitas Nachtlauf Karlsruhe 25.06.2016

80km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	07:43:11	2	15	15	m	80,000	
Braun, Marion	07:43:11	1	16	1	w	80,000	

4. VivaWest Marathon Essen 22.06.2016

42.195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	03:00:23	1	23	3	w	42,1950	
Braun, Wolfgang	03:20:08	2	55	50	m	42,1950	

32. Mitternachtslauf Kröv 14.05.2016

9,4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Krings, Wolfgang	00:41:53	6	30		m	9,4000	
Hoff, Helmut	00:43:38	7	52		m	9,4000	
Brauers, Alois	00:47:10	10	97		m	9,4000	
Roder, Edgar	00:47:11	12	98		m	9,4000	
Legge, Ellen	00:48:55	8	123		w	9,4000	
Isaac, Marion	00:48:56	13	124		w	9,4000	
Campo, Lorna	00:51:42	9	150		w	9,4000	

4. Citylauf Gemünd 14.05.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:18:29	1	2	2	m	5,0000	
Gautrois, Kira	00:26:17	3	63	15	w	5,0000	
Mertens, Maren	00:27:16	1	72	19	w	5,0000	
Wagner, Michelle	00:28:20	7	93	29	w	5,0000	
Isaac, Daphne	00:28:21	3	94	30	w	5,0000	
Mertens, Nils	00:35:09	4	156	86	m	5,0000	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:38:19	1	11	2	w	10,0000	
Lotter, Bernd	00:45:45	2	50	45	m	10,0000	
Gautrois, Simone	00:48:02	1	70	8	w	10,0000	
Strauch, Stephan	00:51:20	12	103	84	m	10,0000	

1. Kalterherberger Pfingstlauf 12.05.2016

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Kuck, Jochen	00:37:36	2			m	10,0000	
Werker, Christian	00:38:05	2			m	10,0000	
Braun, Wolfgang	00:41:14	2			m	10,0000	
Lotter, Bernd	00:45:41	3			m	10,0000	
Palm, Sandra	00:48:01	1			w	10,0000	
Braun, Marion	00:48:20	1			w	10,0000	
Isaac, Marion	00:49:56	3			w	10,0000	
Gautrois, Simone	00:50:21	3			w	10,0000	
Scheuer, Stephan	00:54:37	12			m	10,0000	
Isaac, Anja	00:55:20	9			w	10,0000	
Jung, Sieglinde	00:55:22	10			w	10,0000	
Kirch, Luisa	01:00:00	2			w	10,0000	
Schreiber, Luisa	01:00:53	3			w	10,0000	

7. Aachener Engellauf 08.05.2016

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:51:24	2	62	7	w	10,0000	

13. Mailauf Simmerath 08.05.2016

300m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Leonie	00:01:38	2	2		w	0,3000	REC

300m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Johannes	00:01:09	2	3		m	0,3000	REC

600m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:01:26	3	4		w	0,6000	REC

600m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Nils	00:05:45	4	11		m	0,6000	REC

4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:13:57	1	2	2	m	4,0000	REC
Palm, Jannis	00:15:43	3	11	10	m	4,0000	REC
Mertens, Jens	00:16:15	4	17	14	m	4,0000	REC
Palm, Maike	00:21:03	4	49	14	w	4,0000	REC
Gautrois, Kira	00:21:03	5	50	15	w	4,0000	REC
Mertens, Maren	00:21:59	8	61	23	w	4,0000	REC
Mertens, Nils	00:30:07	13	94	53	m	4,0000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:34:49	1	2	2	m	10,0000	REC
Rubel, Thomas	00:38:08	3	4	4	m	10,0000	REC
Kuck, Jochen	00:38:09	1	5	5	m	10,0000	REC
Werker, Christian	00:39:28	2	7	7	m	10,0000	REC
Offermann, Eva	00:39:56	1	9	1	w	10,0000	REC
Braun, Wolfgang	00:41:44	1	18	16	m	10,0000	REC
Mathar, Joachim	00:42:11	5	22	20	m	10,0000	REC
Lotter, Bernd	00:46:42	4	43	38	m	10,0000	REC
Braun, Marion	00:48:15	1	53	7	w	10,0000	REC
Jansen, Sascha	00:50:20	5	67	58	m	10,0000	REC
Gautrois, Simone	00:50:33	2	68	10	w	10,0000	REC

3. Breinig läuft 05.05.2016

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:38:03	1	11	1	w	10,0000	REC

Jansen, Sascha	00:42:43	92	52	48	m	10,000	REC
Gautrois, Simone	00:47:41	1	108	10	w	10,000	REC
Isaac, Anja	00:53:54	6	220	45	w	10,000	REC
Jung, Sieglinde	00:54:28	7	232	50	w	10,000	REC
Neubert, Tom	00:54:53	19	241	188	m	10,000	REC

36. Halbmarathon um den See Bütgenbach 30.04.2016

5,7km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Jens	00:26:31	12	62		m	5,7000	REC
Seidel, Susanne	00:27:06	1	72		w	5,7000	REC

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	01:23:53	1	14		w	21,0975	REC
Braun, Wolfgang	01:34:16	3	62		m	21,0975	REC
Jansen, Sascha	01:37:15	23	87		m	21,0975	REC
Braun, Marion	01:45:52	2	158		w	21,0975	REC
Isaac, Marion	01:54:36	6	228		w	21,0975	REC
Sander, Holger	01:57:51	61	250		m	21,0975	REC
Gautrois, Simone	02:03:35	21	294		w	21,0975	REC

Enorm in Form in Steckenborn 23.04.2016

4,8km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Jens	00:22:58	2	33		m	4,8000	REC
Seidel, Susanne	00:23:53	1	39		w	4,8000	REC
Mertens, Maren	00:26:10	1	68		w	4,8000	REC
Mertens, Nils	00:32:20	3	108		m	4,8000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:36:58	1	2		m	10,0000	REC
Gautrois, Simone	00:51:08	2	58		w	10,0000	REC
Sander, Holger	00:52:50	11	74		m	10,0000	REC
Isaac, Marion	00:59:51	4	114		w	10,0000	REC

Apfelblütenlauf Tönisvorst 24.04.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Kira	00:25:15	5		15	w	5,0000	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:46:49	1		7	w	10,0000	

19. Oberelbe Marathon Dresden 24.04.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Kremer, Michael	04:10:50	92	502		m	42,1950	

31. Haspa Marathon Hamburg 17.04.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mero, Thorsten	03:09:33	150	901	845	m	42,1950	
Gautrois, Simone	03:36:50	38	3163	387	w	42,1950	
Palm, Sandra	03:41:57	68	3777	367	w	42,1950	
Lambertz, Heinz-Georg	04:04:23	925	6913	5909	m	42,1950	
Isaac, Anja	04:11:06	217	7591	1199	w	42,1950	
Legge, Ellen	04:20:11	232	8575	1450	w	42,1950	
Krings, Silke	04:22:32	244	8785	1519	w	42,1950	

Ultra Marathon DM / DUV Bilstein

65km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	05:43:13	1	29	27	m	65,0000	
Braun, Marion	06:32:00	1	75	12	w	65,0000	

Deutsche Post Marathon 10.04.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Christian	03:03:44	8		39	m	42,1950	

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	01:21:38	1		3	w	21,0975	
Weyermann, Konstanz	01:48:00	31		206	w	21,0975	

Osterlauf Eupen 26.03.2016

6km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Richter, Max	00:22:18	2	6		m	6,0000	REC
Mertens, Jens	00:29:47	11	132		m	6,0000	REC
Call, Janina	00:34:18	6	262		w	6,0000	REC
Mertens, Nils	00:47:30	27	467		m	6,0000	REC

15,7km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	01:01:30	2	26		w	15,7000	REC
Werker, Markus	01:01:30	6	27		m	15,7000	REC
Krings, Wolfgang	01:15:58	37	219		m	15,7000	REC
Lotter, Bernd	01:16:16	6	228		m	15,7000	REC
Jansen, Sascha	01:17:58	31	257		m	15,7000	REC
Gautrois, Simone	01:21:01	3	318		w	15,7000	REC
Sander, Holger	01:21:57	40	334		m	15,7000	REC
Roder, Edgar	01:25:54	25	401		m	15,7000	REC
Jung, Sieglinde	01:31:31	11	496		w	15,7000	REC
Isaac, Anja	01:33:00	17	525		w	15,7000	REC
Legge, Ellen	01:37:52	15	572		w	15,7000	REC

Venloop 2016

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	01:22:01		143	10	w	21,0975	

Internationaler Straßenlauf Eschweiler 20.03.2016

600m	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Mertens, Maren	00:02:23	4	4		w	0,6000	REC
Mertens, Nils	00:02:59	3	6		m	0,6000	REC

4km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
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Mertens, Jens	00:18:42	1	12	m	4,000	REC
Gautrois, Kira	00:20:33	1	22	w	4,000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Gautrois, Simone	00:48:26	2	80		w	10,000	REC

21,0975km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Sander, Holger	01:48:19	20	95		m	21,0975	REC
Seidel, Susanne	01:52:32	4	111		w	21,0975	REC

19. Titzer Straßenlauf 12.03.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:16:53	1		2	m	5,000	REC
Palm, Jannis	00:19:30	1		20	m	5,000	REC

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:38:12	1		1	w	10,000	REC
Gautrois, Simone	00:48:26	3		14	w	10,000	REC

2. Belgenbachtrail Konzen 06.03.2016

6km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jakobs, Patrick	00:24:11	1	1	1	m	6,000	
Richter, Max	00:27:21	2	2	2	m	6,000	
Palm, Jannis	00:29:54	4	4	4	m	6,000	
Krings, Marius	00:30:36	5	6	6	m	6,000	
Goffart, Marcel	00:33:06	6	10	10	m	6,000	
Theißen, Jö	00:33:41	3	11	11	m	6,000	
Indenhuck, Mika-Rodriguez	00:37:05	7	18	18	m	6,000	
Krings, Philipp	00:37:08	8	19	19	m	6,000	
Palm, Maïke	00:37:44	1	20	1	w	6,000	
Mathar, Lina	00:41:40	2	33	11	w	6,000	
Kreutz, Manuel	00:45:38	9	41	25	m	6,000	
Campo, Lorna	00:45:39	5	42	17	w	6,000	
Conrads, Christian	00:54:29	8	57	30	m	6,000	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Werker, Markus	00:47:16	3	3	3	m	10,000	
Huppertz, Pascal	00:48:42	4	6	6	m	10,000	
Werker, Christian	00:48:57	5	7	7	m	10,000	
Kuck, Jochen	00:50:10	3	10	10	m	10,000	
Kaulartz, Pascal	00:53:49	8	14	14	m	10,000	
Huppertz, Jochen	01:01:20	4	36	34	m	10,000	
Lotter, Bernd	01:04:24	1	50	46	m	10,000	
Krings, Wolfgang	01:06:27	13	59	55	m	10,000	
Strauch, Stefan	01:10:08	15	73	67	m	10,000	
Jung, Sieglinde	01:19:09	2	44	10	m	10,000	
Hursel, Alexandra	01:19:30	6	89	11	w	10,000	
Breuer, Sandra	01:19:44	7	90	12	w	10,000	
Legge, Ellen	01:29:30	3	95	14	w	10,000	
Isaac, Anja	01:29:37	4	98	17	w	10,000	

35. Straßenlauf "Rund um das Bayerkreuz 06.03.2016

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:36:24	1		8	w	10,000	

50km Deutsche Meisterschaft Berlin 05.03.2016

50km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Braun, Wolfgang	04:07:38	4	71	64	m	50,000	
Braun, Marion	04:18:41	1	87	11	w	50,000	

31. Dürener Stadtlauf 28.02.2016

5km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	00:18:14	1	10	1	w	5,000	

10km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Jansen, Sascha	00:44:28	8	75		m	10,000	

14. LLG Kevelaer Marathon 10.01.2016

42,195km	Zeit Std	Platz AK	Rang	Rang m/w	w/m	km	REC
Offermann, Eva	02:57:56	1	1	5	w	42,1950	
Hünnekes, Christoph	03:56:32	31	176	158	m	42,1950	
Legge, Ellen	04:06:21	2	205	24	w	42,1950	
Isaac, Anja	04:16:54	10	249	33	w	42,1950	

Gesamte Wettkampfkilometer 7556,17

* persönliche Bestzeit / Beststrecke