





## Sunday, 08 march, 2026 12. Belgenbach Trail Monschau The Eifel Extreme Running Experience

Regio-Aachen-Cup and Eifel-Cup Ranking 2026

Regio-Aachen-Cup and Ener-Cup Kanking 2020						
Organizer	TV Konzen 1	922 e.V. Running	Team			
Contact	Belgenbachtrail-konzen@t-online.de Helmut Hoff zeitmessung.TV-Konzen@web.de Christoph Hünnekes					
Start and finish	52156 Monschau-Konzen, Grillhütte Belgenbachtal, Navi: 52156 Monschau/Konzen, Am Lutterbach 64 + 300 meters					
Registration and	Online only until 06.03.2026 https://tv-konzen.de/laufen/veranstaltungen/ Payment					
Payment	of the organisation fee is made in the course of registration. No late registrations					
	possible on site.					
Start number	On 08.03.20256from 8:00 a.m. only in the MuK Konzen, Konrad-Adenauer-Str.					
distribution						
Park	MuK Konzen, Konrad-Adenauer-Str. 2, distance to the start approx. 1500 meters Sportpark TV Konzen: At the wind turbine, distance to the start approx. 1000 meters Belgenbachtal hiking car park (limited) GPS: Am Lutterbach 64 + 300 metres					
Stretch	Length	Altitude	Acceleration	Fee	Finish	
		differences	time		Deadline	
Strong-Trail de Luxe	30 km	approx. 1000	9.30 a.m.	24 €	2.15	
Strong-Trail plus	18 km	m	10.00 a.m.	18 €	2:15 p.m.	
		approx. 600 m			2:00 p.m.	
Strong-Trail	9.5 km	approx. 300 m	10.15 a.m.	13 €	12:00 p.m. 11:20 a.m.	
Light-Trail	5 km	approx. 120 m	10.25 a.m.	8 €, Youth 5 €	11:20 a.m.	
<b>Condition of the route</b>	Forest paths with partly muddy, slippery and steep passages. Footwear adapted to the terrain is strongly recommended In cold weather, there is a risk of black ice!					
Quadruped	According to the DLO, dogs are not allowed on all routes.					
Award ceremonies	MuK Konzen, Konrad-Adenauer-Str.2					
Awaru ceremonies	Light trail from	Light trail from 12:00 p.m., strong trails from 12:30 p.m.				
AK Ratings	Light Trail M/F from 2011 onwards, Strong Trails M/F from 2007 onwards. All races according to DLO:					
Team classification	9.5 km, 18 km, 30 km: women, men (3 participants per team).					
Showers, changing	52156 Monschau Konzen, Turnhalle Dorfplatz, Konrad-Adenauer-Straße 2					
rooms, WC	alternatively: Sportpark Konzen, Am Windrad					
Cafeteria and hot food	Before, during and after the award ceremony in the MuK, Konzen,					
	Konrad-Adenauer-Str. 2					
	If the event is cancelled, the right to start will be transferred to the next OPET. There					
Information	will be no refund of the entry fee.					
	Unfortunately, due to the local conditions, no late registrations can be accepted on					
	the day of the event. By registering, the participants acknowledge the exclusion of					
	liability of the	liability of the organizer.				
	Current information: www.tv-konzen.de					